



# Chestnuts Care Home Newsletter



April 2020

## Welcome

Welcome to the monthly newsletter for The Chestnuts Care Home.

This newsletter is for residents, families and staff and is also published on our website at [www.chestnutsca.rehome.co.uk](http://www.chestnutsca.rehome.co.uk)

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## Coronavirus Update

We continue to only allow essential visitors into the home and encourage your relatives and friends to call, write letters /cards and facetime you. Please encourage them to leave parcels/laundry at the front of the house on the trolley provided!

**Our main priority is keeping you all SAFE And our staff SAFE!!**

## Entertainment!!

Tamla is continuing the exercise classes, sing a longs, arts and crafts and entertainment throughout the day so if there is anything you would like to do then please ask! Remember walks round the garden!!

## Daily Sparkle

Tamla will continue to meet on a Monday and Friday afternoon to chat about the Daily Sparkle.



Residents meeting with Tamla will be held on Thursday 16<sup>th</sup> April

**Residents Meeting with Lesley and Tamla will be held on.....**

Thursday 9<sup>th</sup> April at 2pm

## Residents Birthdays!!

Peggy - 4<sup>th</sup> April  
Jean - 4<sup>th</sup> April  
Pearl - 30<sup>th</sup> April



## Remember.....

**"Cough and sneezes spread diseases"**

Please remember to cover your mouth when coughing or sneezing and try to stay 2 metres apart as per government advice.

If you need any toiletries then please make Tamla aware and she will phone your relatives.....



## Entertainment for March

Friday 20<sup>th</sup> March at 2pm - Steve Galler



## Daily Sparkle

Tamla will continue to meet on a Monday and Friday afternoon to chat about the Daily Sparkle.

If relatives go away, then please could you make sure you notify a senior member of staff and give us another contact number if both next of kin are on holiday.

Thank you



Saturday 28<sup>th</sup> March - the clocks go forward one hour in the evening making that British Summer time begins on Sunday 29<sup>th</sup> March!



## Church Services for March

Bible Studies with Jennifer is to be on Friday 13<sup>th</sup> March at 10.45am

Communion with Alyson will be On Monday 2<sup>nd</sup> March at 11am



Please if you see a senior with a red tabard and is medicating **DO NOT DISTURB** them.

Residents Meeting with Lesley and Tamla will be held on.....

Thursday 27<sup>th</sup> March at 2pm

Relatives are welcome to attend!!



*"Coffee at the Cloisters"  
Stansted Church*



*This month we will be attending this on TBC with Tamla and Carly.*

*Updates on the home.....*

- ❖ *Tamla will be bringing the shopping trolley round every Monday!*
- ❖ *Tamla will be doing 2 weeks shopping on Friday 20<sup>th</sup> March as she will e away the following week.*
- ❖ *We would like to welcome Perla and Lisa back to the Chestnuts after a short period of being away!*



## *What's on?*

### *Monday mornings*

*Nails and Manicures and Daily Sparkle in the afternoon*

### *Tuesday mornings*

*Chair based exercises 10.30-11.30am*

### *Tuesday afternoons*

*Arts and Crafts with Sharon 2pm-3pm*

### *Wednesday*

*Hairdressing with Mo 9am-4pm*

### *Wednesday afternoons*

*Fun, games and quizzes and bingo with Tamla!!*

### *Thursday mornings*

*Board games/cooking*

### *Thursday afternoons*

*Sing -a -long afternoon with Tamla (all welcome)*

### *Friday mornings*

*Shopping Day*

### *Friday afternoon*

*Daily Sparkle in the afternoon*