# Chestnuts Care Home Newsletter

Celebrating over 30 years of Caring

August 2019

## Welcome

Welcome to the monthly newsletter for The Chestnuts Care Home.

This newsletter is for residents, families and staff and is also published on our website at www.chestnutscarehome.co.uk

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## Pub Lunch!!

Wednesday 14th August

We will be going to Yalding for a Pub lunch……
If you would like to come then speak to Tamla

Motivation will be on Wednesday 7th and Wednesday 21st in the lounge!

## Mocktail Afternoon.

Ebony our hydration champion, will be holding a mocktail event on Thursday 1st August at 2.30pm

Join us in the lounge for an afternoon of trying different drinks and mixing together mocktails!

Residents meeting with Tamla will be held on Monday 26th August

## Sing along with Maria

Join us in the lounge for a sing along and a tune on the piano!

Tuesday 27th August at 3pm

Tamla will be bringing the shopping trolley round every Monday!

## Staff Birthdays!!

1st August - Abi
4th August – Rob
14th August – Charlie
29th August - Caroline

## Residents Birthdays!!

11th August – Betty S
13th August – Bill
29th August – Betty H

## Entertainment for August!!

Monday 19th August 2pm – Jason Allen Singer

Friday 30th August 2pm – ELVIS will be joining us!!!

If you bring any clothes in for your relatives please ensure you give them to Tamla so that she can label them…. We have lots of lost property currently!

If relatives go away then please could you make sure you notify a senior member of staff and give us another contact number if both next of kin are on holiday.

Thank you

## Knit and Natter….

This is at Hartley Library and will be on Friday 9th August and Friday 23rd August

If you would like to attend then please speak to Tamla

Please if you see a senior with a red tabard and is medicating DO NOT DISTURB them.

## Church Services for August

Bible Studies with Jennifer is to be confirmed.

Communion with Alyson will be on Monday

Rob will be joining us as a member of staff, he will be Back working the floor Soon!!!

## Residents Meeting with Lesley and Sarah will be held on……

Thursday 22nd August at 3pm

Relative are welcome to attend!!

We would like to introduce Georgina, our new resident, to the home!

## "Coffee at the Cloisters"
## Stansted Church

This month we will be attending this on Thursday 8th, 15th and 22nd August

## Updates on the home.....

- You will find curtains will be changed in bedroom as we are getting them done all around the home!!
- We raised £309 at the Summer Party!
  Thank you for all that came and bought raffle tickets and tickets for the party!!!
- Lesley is looking into a new path to be put in place up to the summer house!

- Staff have completed training on Oral Hygiene and Practical Fire recently!!

# What's on?

**Monday mornings**
Nails and Manicures

**Tuesday mornings**
Chair based exercises 10.30-11.30am

**Tuesday afternoons**
Arts and Crafts with Sharon 2pm-3pm

**Wednesday**
Hairdressing with Mo 9am-4pm

**Wednesday afternoons**
Fun, games and quizzes and bingo with Tamla!!

**Thursday mornings**
Board games/cooking

**Thursday afternoons**
Sing -a -long afternoon with Tamla (all welcome)

**Friday mornings**
Shopping Day

**Friday afternoon**
Board games and reminiscing