



# Chestnuts Care Home Newsletter



February 2020

## Welcome

Welcome to the monthly newsletter for The Chestnuts Care Home.

This newsletter is for residents, families and staff and is also published on our website at [www.chestnutsca.rehome.co.uk](http://www.chestnutsca.rehome.co.uk)

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## Pub Lunch

We will be going to Cobham for a pub lunch on Monday 10<sup>th</sup> February

Please speak to Tamla if you would like to come



Motivation will be Wednesday 5<sup>th</sup> and Wednesday 20<sup>th</sup> February



## Hearing aid clinic

Tamla has arranged for Hi - Kent to come out every 3 months to replace batteries and tubing

If you would like to know the dates and times then please speak to Tamla

Roxy will be with us on Thursday 6<sup>th</sup> February doing feet



Residents meeting with Tamla will be held on Tuesday 25<sup>th</sup> February

## Sing along with Maria

Join us in the lounge for a sing along and a tune on the piano!

Tuesday 25<sup>th</sup> February at 3pm

## Staff Birthdays!!



## Residents Birthdays!!

Robert Vince - 1<sup>st</sup> Feb  
Patricia Peck - 7<sup>th</sup> Feb  
Keith Gardner - 19<sup>th</sup> Feb  
Joan Alston - 21<sup>st</sup> Feb



## Entertainment for February

Friday 21<sup>st</sup> February at 2pm - Glen Hayes



## Daily Sparkle

Tamla will continue to meet on a Monday and Friday afternoon to chat about the Daily Sparkle.



If relatives go away, then please could you make sure you notify a senior member of staff and give us another contact number if both next of kin are on holiday.

Thank you



Please return all library books by Tuesday 18<sup>th</sup> February so they can be changed over on the 20<sup>th</sup> February.



## Church Services for February

Bible Studies with Jennifer is to be on Thursday 13<sup>th</sup> February at 10.45am

Communion with Alyson will be On Monday 3<sup>rd</sup> February at 10.45am



Please if you see a senior with a red tabard and is medicating **DO NOT DISTURB** them.



Remember if you would like to go on any trips in the new year then let Tamla know!

A trip to a garden centre can always be arranged last minute!!



Residents Meeting with Lesley and Tamla will be held on.....

Thursday 20<sup>th</sup> February at 2pm

Relatives are welcome to attend!!



## *"Coffee at the Cloisters" Stansted Church*

*This month we will be attending this on Thursday 13<sup>th</sup> February at 1am - weather permitting*



### *Updates on the home.....*

- ❖ *Tamla will be bringing the shopping trolley round every Monday!*
- ❖ *We now have our CQC rating back and we achieved **GOOD** Across the board which is an excellent achievement!!*
- ❖ *We have a staff meeting n Tuesday 11<sup>th</sup> February if any residents would like to attend.*



## *What's on?*

### *Monday mornings*

*Nails and Manicures and Daily Sparkle in the afternoon*

### *Tuesday mornings*

*Chair based exercises 10.30-11.30am*

### *Tuesday afternoons*

*Arts and Crafts with Sharon 2pm-3pm*

### *Wednesday*

*Hairdressing with Mo 9am-4pm*

### *Wednesday afternoons*

*Fun, games and quizzes and bingo with Tamla!!*

### *Thursday mornings*

*Board games/cooking*

### *Thursday afternoons*

*Sing -a -long afternoon with Tamla (all welcome)*

### *Friday mornings*

*Shopping Day*

### *Friday afternoon*

*Daily Sparkle in the afternoon*