



Chestnuts Care Home Newsletter



January 2020

Welcome

Welcome to the monthly newsletter for The Chestnuts Care Home.

This newsletter is for residents, families and staff and is also published on our website at www.chestnutsca.rehome.co.uk

Chestnuts Care Home,
Wrotham Road,
Meopham,
Kent,
DA13 9AH
01474 812152



Everyone at the Chestnuts would like to wish relatives and residents a Happy and Healthy New year!!

Motivation will be in Wednesday 8th January and Wednesday 22nd January at 10.45am.



We will be arranging a pub lunch at some point, if you would like to attend or have ideas where to go then please speak to Tamla!



Music for Health
Friday 17th January at 2pm

Lynne will be joining us in the lounge for an afternoon of singing and activities!

Residents meeting with Tamla will be held on Monday 27th January

Sing along with Maria

Join us in the lounge for a sing along and a tune on the piano!

TBC

Staff Birthdays!!

Kathy - 12th (60th)!!
Ebony - 20th (21st)!!
Jaz - 22nd
April - 23rd



Residents Birthdays!!

Margot - 18th January
Doreen 21st January
Jo Jo - 23rd January



Entertainment for January

Dave Smiler Singing old time songs -
Friday 24th January at 2pm



Daily Sparkle

Tamla will continue to meet on a Monday and Friday afternoon to chat about the Daily Sparkle.



If relatives go away, then please could you make sure you notify a senior member of staff and give us another contact number if both next of kin are on holiday.

Thank you



We would like to welcome April to the Chestnuts

She will be working days so you will all see her around!



Sarah is yet to have her baby!! We are still waiting however as soon as she has Tamla will let everyone know!!



Church Services for January

Bible Studies with Jennifer is to be on Friday 17th January at 11am.

Communion with Alyson will be on Monday 6th January at 11am.



Please if you see a senior with a red tabard and is medicating **DO NOT DISTURB** them.



Remember if you would like to go on any trips in the new year then let Tamla know!

A trip to a garden centre can always be arranged last minute!!



Residents Meeting with Lesley and Tamla will be held on.....

Thursday 30th January at 2pm

Relatives are welcome to attend!!



*"Coffee at the Cloisters"
Stansted Church*



This month we will be attending this on Thursday 16th and Thursday 23rd January - weather permitting

Updates on the home.....

- ❖ *Tamla will be bringing the shopping trolley round every Monday!*
- ❖ *We now have our CQC rating back and we achieved **GOOD** Across the board which is an excellent achievement!!*
- ❖ *Well done to all staff to continuing working so hard and staying calm when CQC came in and thank you to all residents that spoke so highly of the home to CQC!!*



What's on?

Monday mornings

Nails and Manicures and Daily Sparkle in the afternoon

Tuesday mornings

Chair based exercises 10.30-11.30am

Tuesday afternoons

Arts and Crafts with Sharon 2pm-3pm

Wednesday

Hairdressing with Mo 9am-4pm

Wednesday afternoons

Fun, games and quizzes and bingo with Tamla!!

Thursday mornings

Board games/cooking

Thursday afternoons

Sing -a -long afternoon with Tamla (all welcome)

Friday mornings

Shopping Day

Friday afternoon

Daily Sparkle in the afternoon