



# Chestnuts Care Home Newsletter



March 2020

## Welcome

Welcome to the monthly newsletter for The Chestnuts Care Home.

This newsletter is for residents, families and staff and is also published on our website at [www.chestnutscahome.co.uk](http://www.chestnutscahome.co.uk)

Chestnuts Care Home,  
Wrotham Road,  
Meopham,  
Kent,  
DA13 9AH  
01474 812152

## Friday 6<sup>th</sup> March

Tilly the therapy cocker spaniel will be joining us at the chestnuts!



Motivation will be Wednesday 4<sup>th</sup> and 18<sup>th</sup> March at 10.45am



Vicki the beautician will be at the chestnuts on Tuesday 10<sup>th</sup> March from 9.30am if any residents fancy a pamper!



Sunday 22<sup>nd</sup> March is Mothering Sunday



Residents meeting with Tamla will be held on Tuesday 24<sup>th</sup> March

## Sing along with Maria

Join us in the lounge for a sing along and a tune on the piano!

Thursday 19<sup>th</sup> March at 2pm

## Residents Birthdays!!

Ena - 8<sup>th</sup> march  
Sheila - 19<sup>th</sup> March  
Dennis - 23<sup>rd</sup> March



## Staff Birthdays!!

Bali - 4<sup>th</sup> March  
Perla - 5<sup>th</sup> March  
Jane - 20<sup>th</sup> March  
Elaine - 15<sup>th</sup> March



## Entertainment for March

Friday 20<sup>th</sup> March at 2pm - Steve Galler



## Daily Sparkle

Tamla will continue to meet on a Monday and Friday afternoon to chat about the Daily Sparkle.



If relatives go away, then please could you make sure you notify a senior member of staff and give us another contact number if both next of kin are on holiday.

Thank you



Saturday 28<sup>th</sup> March - the clocks go forward one hour in the evening making that British Summer time begins on Sunday 29<sup>th</sup> March!



## Church Services for March

Bible Studies with Jennifer is to be on Friday 13<sup>th</sup> March at 10.45am

Communion with Alyson will be On Monday 2<sup>nd</sup> March at 11am



Please if you see a senior with a red tabard and is medicating **DO NOT DISTURB** them.



Remember if you would like to go on any trips in the new year then let Tamla know!

A trip to a garden centre can always be arranged last minute!!



Residents Meeting with Lesley and Tamla will be held on.....

Thursday 27<sup>th</sup> March at 2pm

Relatives are welcome to attend!!



*"Coffee at the Cloisters"  
Stansted Church*



*This month we will be attending this on TBC with Tamla and Carly.*

*Updates on the home.....*

- ❖ *Tamla will be bringing the shopping trolley round every Monday!*
- ❖ *Tamla will be doing 2 weeks shopping on Friday 20<sup>th</sup> March as she will be away the following week.*
- ❖ *We would like to welcome Perla and Lisa back to the Chestnuts after a short period of being away!*



*What's on?*

*Monday mornings*

*Nails and Manicures and Daily Sparkle in the afternoon*

*Tuesday mornings*

*Chair based exercises 10.30-11.30am*

*Tuesday afternoons*

*Arts and Crafts with Sharon 2pm-3pm*

*Wednesday*

*Hairdressing with Mo 9am-4pm*

*Wednesday afternoons*

*Fun, games and quizzes and bingo with Tamla!!*

*Thursday mornings*

*Board games/cooking*

*Thursday afternoons*

*Sing-a-long afternoon with Tamla (all welcome)*

*Friday mornings*

*Shopping Day*

*Friday afternoon*

*Daily Sparkle in the afternoon*