



Chestnuts Care Home Newsletter



**"WHERE FLOWERS
BLOOM SO
DOES HOPE."**

-LADY BIRD JOHNSON



September 2020

Welcome

Welcome to the monthly newsletter for The Chestnuts Care Home.

This newsletter is for residents, families and staff and is also published on our website at www.chestnutscahome.co.uk

Chestnuts Care Home,
Wrotham Road,
Meopham,
Kent,
DA13 9AH
01474 812152

Mini Bus Trip to the Prom!!

Monday 14th September at 12pm

We plan (weather permitting) to take some residents down to the prom for a picnic lunch.

Please make Ebony or Sarah aware if you would like to come!!



Entertainment!!

Tamla is continuing the exercise classes, sing a longs, arts and crafts and entertainment throughout the day so if there is anything you would like to do then please ask! Remember walks round the garden!!



Flowering arranging

Thursday 10th September
At 2.30pm

Lisa Wootten will be doing some flower arranging in the dining room.



Residents meeting with Tamla will be held on Thursday 24th September

Staff Birthdays!

Isabelle - 7th September
Maricel - 16th September
Jacqueline - 19th September



Resident Birthdays!

Shirley - 10th September



Residents meeting and tea and cake with Lesley will be held on Wednesday 2nd September at 2.15pm



Coronavirus Update

Staff are wearing masks and PPE to protect themselves and the residents.

If you have to go to hospital for a planned appointment or emergency then after your return we are self-isolating residents for 14 days.

Please continue to ask relatives to call/facetime/WhatsApp call and write into the home, if you would like to visit then home for a social distancing visit in the garden then please contact Tamla.

If you drop anything off for residents then please ensure it is labelled and brought to the front of the house and not given to residents out the back.

Staff are now being tested every week and residents are being tested every 28 days. Please watch the Chestnuts Facebook page for any updates!

Home News

Last month we enjoyed 2 mini bus trips out, a BBQ and an appetito tasting afternoon. We will be reviewing the menu at our next residents meeting and looking at outing some new options on the autumn/winter menu.

The garden visits continue with 1 designated family member/visitor however the summer cabin is being delivered next week and the work will start building it the week commencing 14th September. Visits will then be facilitated in there.

It has been very hot and we have been ordering in ice creams and ice lollies! This has gone down a treat and therefore will continue for different options at meal times and on the 3pm tea trolley.

The District Nurses have started coming back into the home for basic interventions such as bloods and dressings.

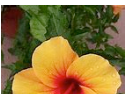
Staff have continued to be tested weekly. We are currently awaiting a new batch of tests to arrive so we can commence resident testing again.

Flu jabs will be available again this year and the Practice Nurse will be coming into the home to do these around October time.

We are open to admissions and are producing a video of the home for the website as new admissions are unable to physically look round the home. If you would like to be involved in this or give a testimonial to the home, then please make Sarah aware.

Tamla will be away from Wednesday 9th September to Tuesday 15th September and has made up some activity packs for that period.

Sarah continues to print off the Sunday Church sermon for residents and this is placed on the side board in the dining room.



NAME THE FLOWERS.....

